





Monthly Menu for:

September 2017

M.H.S. & S.C.W. SCHOOLS

LUNCH
LUNCH
LUNCH
LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
	5 Pizza Pepperoni or Cheese Green Beans Applesauce Fresh Fruit, Fruit cup Choice of Milk	6 Nacho Grande Fresh Salad Seasoned Carrots Sherbet Cup Fresh Fruit, Fruit Cup Choice of Milk	7 Country Chicken Breast Hot roll Mac & Cheese Broccoli Pudding Cup Fresh Fruit, Fruit Cup Choice of Milk	8 Spaghetti w/meat sauce Hot Roll Fresh Garden Salad Sweet Peas Fresh Fruit ,Fruit Cup Choice of Milk
11 Pizza Pepperoni or Cheese Green Beans Chilled Applesauce Fresh Fruit, Fruit cup Choice of Milk	12 Chicken Patty on Bun Baked Fries Sweet Corn, Spinach Ice cream Cup Fresh Fruit, Fruit cup Choice of Milk	13 Beef Tacos Refried Beans Seasoned Rice Tomato & Cucumber Mix Fresh Fruit, Fruit Cup Choice of Milk	14 Salisbury Steak w/gravy Lima Beans, Carrots Mashed Potatoes Strawberry Shortcake Fresh Fruit, Fruit Cup Choice of Milk	15 Baked Spaghetti w/hot roll Fresh Salad, Peas Chilled Applesauce Fresh Fruit, Fruit Cup Choice of Milk
18 Pizza Pepperoni or Cheese Fresh Salad Green Beans Fresh Fruit, Fruit cup Choice of Milk	19 Steak & Cheese Sub Baked Fries Sweet Corn, Spinach Sherbet Cup Fresh Fruit, Fruit Cup Choice of Milk	20 Turkey Nachos Black Beans Seasoned Carrots Fresh Salad Fresh Fruit, Fruit Cup Choice of Milk	21 Meatloaf Mashed Potatoes Sweet Peas Choc. Cake Fresh Fruit, Fruit Cup Choice of Milk	22 Chicken Parmesan w/ spaghetti Garlic Stick, Fresh Salad Green Beans Fresh Fruit ,Fruit Cup Choice of Milk
25 Pizza Pepperoni or Cheese Fresh Salad Green Beans Fresh Fruit, Fruit Cup Choice of Milk	26 Meatball Sub Baked Fries Sweet Corn, Broccoli Orange Dream Bar Fresh Fruit, Fruit cup Choice of Milk	27 Chicken Quesadilla Pizza Garden Salad Chilled Applesauce Jell-O Cup Fresh Fruit, Fruit Cup Choice of Milk	28 BBQ Chicken Breast w/ Corn Muffin Yams, Pasta Salad Mixed Greens Banana Pudding Fresh Fruit, Fruit Cup Choice of Milk	29 Pizza Pasta Bake Fresh Garden Salad Bread Stick Sweet Peas, Applesauce Fresh Fruit, Fruit Cup Choice of Milk
	School Meal Payments Made Easy! Breakfast \$1.40 Lunch \$2.60	My School Bucks 	Sign Up At myschoolbucks.com	



Available Daily:

Second Choice:

Manager Choice Daily:
Cheeseburgers, Hot dogs, Chicken & Pizza


Salad Plates Daily:
Lunch: 2.60 Reduced .40

Charge Limit \$5.00



Breakfast Served Daily!!

Second Choice:
Assorted Cereal & W/G
Toast
Fresh Fruit
Assorted 100 % Juice &
Choice of Milk

Breakfast Weekly:
Assorted Biscuit & Muffins
Choice of Juice & Milk
Breakfast \$1.40 Reduced .30

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Please turn in new meal application by Sept.30th



